CREAMY WHITE CHILI

- 1 Lb. Boneless chicken, cut in 1/2 inch cubes
- 1 medium onion
- 1 1/2 teaspoons garlic powder or minced garlic
- 1 tablespoon vegetable oil
- 2 cans (15 1/2 oz) great northern or cannellini beans, rinsed and drained
- 1 can 14 1/2 oz chicken broth
- 2 cans (4oz each) chopped green chilies
- 1 teaspoon salt
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- 1/2 teaspoon pepper
- 1/4 teaspoon cayenne pepper
- 1 cup sour cream
- 1/2 cup cream or half & half

In a large saucepan, sauté chicken, onion & garlic in oil until chicken is no longer pink.

Add beans, broth, chilies & seasonings. Bring to a boil.

Reduce heat; simmer, uncovered, for 30 minutes

Remove from heat; stir in sour cream 7 cream.

Serve immediately